## Humanimal Trust Creative Awards 2024 10-11 yrs



## **Time to Connect with Animals**

The phrase 'One Medicine' is a really old idea, but not that well known. At Humanimal Trust we want to change that. It means that vets and doctors work together and share information so that it benefits humans and animals to cure diseases, make vaccines and keep us all healthy.

You see, this makes so much sense because there are many similarities between human animals and other animals. If this sharing of information happened it would save time, lives and money as well as being more sustainable for the planet!

Did you know that 60% of infectious diseases are shared between humans and animals? \* That means out of 10 infectious diseases, 6 of them can be caught by animals and humans alike. That is a lot of sickness we share.

Knee operations in dogs and humans are very similar. They use similar equipment and have the same benefits for animals and humans. If you would like to learn more about this, do watch this short film. <a href="https://www.youtube.com/watch?v=-OxsKnDrzp8&t=14s">https://www.youtube.com/watch?v=-OxsKnDrzp8&t=14s</a>

Animals are also like humans in that they also feel emotions, they feel happy and sad, confused, and worried, exactly the same as us. Have you ever enjoyed the exhilaration of sledging on snow? Well, that is something that crows do too – you can see it in this clip: <a href="https://www.youtube.com/watch?v=1WupH8oyrAo">https://www.youtube.com/watch?v=1WupH8oyrAo</a>

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Animals are so amazing at cheering us up when we are sad that it is important that we can tell when they are sad too. Watching their body language or their face can tell us how they are feeling – then we can cheer them up, maybe take them for a walk or play with them, or whatever else it is they really enjoy doing.

They feel pain like we do too. That means that sometimes when they seem sad to us it may be that they are in pain. Did you know that many dogs suffer from arthritis? Through research it has been found that between 25%-37% of dogs over the age of one have some arthritis. It is a common disease that humans and some animals share, especially dogs. If we combined the knowledge of doctors and vets, we may have the answer of improve pain relief and help humans and dogs feel better.

So because of this, and that this year is Humanimal Trust's 10th anniversary, we want you to let your creative ideas go wild and show how it is Time to Connect with our animals. Create a piece that shows why it is Time to Connect the human and animal world, whether it is how we are similar in our bodies or in our feelings, or the need for our doctors and vets to work together, that part is totally up to you.

We are #StrongerTogether #TimetoConnect #beinspired

\*According to the World Health Organisation

