



Mix Berry Ice Lollies

Ingredients

120g fresh Blueberries
120g fresh Strawberries
120g fresh Raspberries
120ml Coconut milk
60ml Honey



How to make

Wash the fruit and pop into a blender along with the coconut milk and honey. Blend until smooth then sieve into a jug to remove skin/seeds. Pour into lolly moulds and freeze for 6-8 hours

